

“Tips for the Journey” - Marriage Enrichment Workshop

- Marriage is a journey, and there is not just one map. As couples journey together in marriage, there are times when they are bound to make a wrong turn, feel lost, or find themselves on an unplanned detour. This 5-session workshop allows couples to learn from and provide support for one another as they receive additional resources for sustaining and enjoying the journey
- Topics include:
 1. GPS Programming (meaningful marriage)
 2. Check the Glove Box (healthy communication)
 3. Bumps in the Road (joy in disagreement)
 4. Are We There Yet? (intimacy, playfulness)
 5. When All Else Fails, Check the Map (spirituality and wholeness)