

## **SUPERVISION PROFESSIONAL DISCLOSURE STATEMENT**

The Rev. Dr. Lisa McIlvenna, M. Div., D. Min., LPC, NCC, AAPC  
Fresh Aire Samaritan Counseling Center  
315 W. Larkin  
Midland, Michigan 48640-5152  
989-835-7511  
Emergency Contact Number: 248-224-4296

### **Education and Experience**

I received my Master of Divinity Degree (M. Div.) from Perkins School of Theology, Dallas, Texas (1991) and my Doctor of Ministry Degree in Pastoral Counseling and Psychotherapy from Garrett Evangelical Theological School, Evanston, Illinois (2006). I am a Licensed Professional Counselor (LPC) for the state of Michigan, a National Certified Counselor (NCC), and a Fellow of the American Association of Pastoral Counselors.

I am an ordained "Elder" in the United Methodist Church and have served twenty years in the local church: eight years as solo pastor in rural and sub-rural churches, five years as Associate Minister of Pastoral Care/Counseling and Spiritual Formation at Birmingham First United Methodist Church, four years as Senior pastor of St. Luke's United Methodist Church in Rochester Hills, and two years as Associate Pastor at Midland First United Methodist Church.

Currently I am appointed ½ time to the Midland First United Methodist Church where I serve as Associate Pastor in Pastoral Care and as Pastoral Therapist for Fresh Aire Samaritan Counseling Center. I am also ½ time appointed to and employed at Fresh Aire Samaritan Counseling Center as Executive Director and Pastoral Therapist. I have training and experience in individual, couples, family and group counseling working with adjustment disorders, depression, anxiety, eating disorders, personality disorders and abuse and trauma. I also have advanced training and certification in hypnotherapy through the Wellness Institute and American Society of Clinical Hypnosis. I can provide supervision in these areas. I have worked as an outpatient counselor for twelve years, working in non-profit pastoral counseling centers.

My training in supervision has included 30 contact hours of workshop training in the following areas: roles and functions of counseling supervisors, models of counseling supervision, mental health-related development, methods and techniques in counseling supervision, supervisory relationship issues, cultural issues in supervision, group supervision, legal and ethical issues in counseling supervision and evaluation of supervisee and the supervision process. I also have received supervised supervision through the training.

### **About Supervision**

There are two goals of supervision: helping the supervisee grow in his/her skills as a counselor and protecting the public. Much of the focus of supervisory work is given to helping develop agreed

upon skills. This focus can be done through a variety of approaches and modalities (including but not limited to written assessments, case summaries and discussion, reviewing audio tapes of sessions with supervisees who have had little experience, teaching, group supervision, and verbatims, written and verbal evaluations) depending upon the developmental level of the supervisee, her/her learning style, and the agreed upon goals that will help the supervisee gain competence in areas of relational skills, client/case conceptualization, and counseling techniques consistent with one's theory of change. Since I lean toward a developmental theoretical model for supervision, the more advanced the supervisee, the more collaborative the supervisory style. This means that supervisees that are more experienced will experience less 'teacher' role and more 'consultant' role.

When there is question about the adequacy of care the client(s) is receiving, supervision becomes more direct and active in order to assure the client's safety and health and to ensure compliance with legal, ethical and professional standards.

A counselor's ability to effectively help their clients is dependent upon not only having the skills/tools to counsel, but also adequate self-understanding, awareness and growth. Therefore, at times the focus of supervision may seem more like that of counseling as the interaction between supervisor and supervisee becomes geared toward eliciting inner reflection and intrigue with the supervisee's thoughts and feelings and reactions as a therapist in order to help the supervisee better attend to the motivation behind interventions. However, supervision is not psychotherapy. If a need for that is recognized the supervisor will share this and suggest a referral to a psychotherapist or counselor.

### **About Confidentiality**

The issues discussed in supervision are kept confidential with the following exceptions:

1. The supervisee requests, in writing, that information from supervision be shared with someone else (as in the case of recommendation for a job, licensure, certification, etc.).
2. It is a disclosure made in-group supervision of which I cannot guarantee the confidentiality of others in the group. However, I will take every precaution to encourage confidentiality and hold others accountable if confidentiality is not upheld.
3. The disclosure is related to threats to harm self or others, reasonable suspicion of child or vulnerable person abuse, when ordered by the court of law.

I take seriously the responsibility I have as a supervisor to both my supervisee(s) and the clients in his/her/their care. To this end, I understand the value and important of maintaining and enhancing my professional skills as a supervisor. Therefore, I will regularly participate in supervision of my supervision. This means that the supervisee will be asked to give informed consent for my sharing with my supervisor and/or supervision group information shared by the supervisee that is helpful to my learning.

### **Evaluation Procedures**

Formal evaluations will be conducted twice a year through both written and verbal means based on the progress made between each evaluation. This will include an evaluation done by the supervisor as well as a self-evaluation done by the supervisee. A final summative evaluation will be offered by the supervisor and a summative self-evaluation by the supervisee at the end of the working relationship and/or at the time of licensure. This evaluation will be based upon the agreed upon goals of learning. You will receive a copy of this evaluation at the beginning of our work together, once

the goals and the covenant relationship have been established. In addition verbal and written feedback will be given throughout the entire relationship.

### **Supervision Fee Schedule**

No fees are charged to any supervisee who is on staff at Fresh Aire Samaritan Counseling Center as the supervision is considered a bonus to the supervisee's compensation. For other supervisees, a standard fee of \$80 per fifty-minute session will be charged. When unable to meet this fee, other fees may be negotiated.

\*\*Supervision provided by Dr. McIlvenna at Fresh Aire Samaritan Counseling Center adheres to the Code of Ethics of the American Counseling Association and the National Board for Certified Counselors as well as the American Association of Pastoral Counselors.